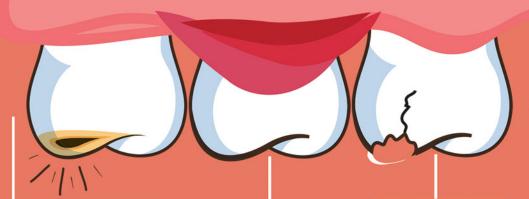
# Do you have a dental emergency?



## **Toothache**

Rinse your mouth with warm water to clean it out. Gently use dental floss to remove any food caught between the teeth. Do not put aspirin on the aching tooth or gum tissue.

### **Abscess**

Rinse your mouth with warm salty water to clean it out and see your dentist right away.

# Object Stuck in Teeth

Try to gently remove with floss but do not try to remove it with a sharp or pointed instrument.

# Cracked or Fractured Tooth

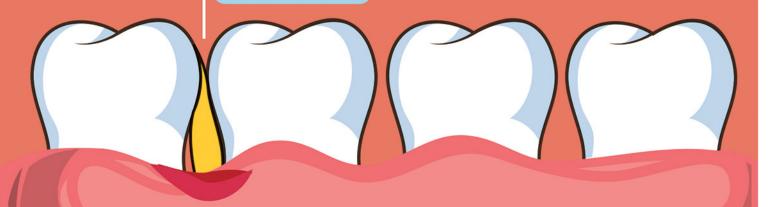
Immediately rinse your mouth with warm water to clean the area. Put cold compresses on your face to keep any swelling down. If possible, place the broken piece in milk.

If you bit your tongue or

If you bit your tongue or lip, clean the area gently with water and apply a cold compress.

# Knocked-Out Permanent Tooth

Keep it moist at all times.
If you can, try placing the tooth back in the socket without touching the root.
If that's not possible, place it in between your cheek and gums or in milk. Call your dentist's office right away.





804-323-4200
Request an appointment online www.jrfamilydentistry.com